

5 Finger Prayer

How To Pray:

Thumb: The finger closest to you - Pray for those closest to you

Index Finger: The finger that points the way- Pray for those who teach, instruct and heal you

Middle Finger: The tallest finger - Pray for leaders and all who have authority

Ring Finger: The weakest finger - Pray for the weak, sick, and those with problems

Pinkie: The smallest finger - Pray for yourself